HOORVIA — CRICUT HEAT PRESS TEMPERATURE CHART

Quick Reference Cheat Sheet • Free Printable (8.5" × 11")

Material / Blank	Temp F / C	Time	Pressure / Peel
Everyday Iron-On on cotton	315°F / 157°C	30 sec	Firm; warm peel.
Everyday Iron-On on polyester	315°F / 157°C	30 sec	Firm; warm peel.
Everyday Iron-On on cotton/poly blend	315°F / 157°C	30 sec	Firm; warm peel.
Glitter Iron-On on cotton	330°F / 166°C	30 sec	Firm; cool peel.
Holographic Iron-On	330°F / 166°C	30 sec	Firm; cool peel.
SportFlex Iron-On (activewear)	305°F / 152°C	30 sec	Firm; warm peel.
Foiled Iron-On	310°F / 154°C	20 sec	Light; cool peel.
Patterned Iron-On	340°F / 171°C	30 sec	Firm; warm peel.
Infusible Ink on T-shirt (poly blend)	385°F / 196°C	40 sec	Light, cool peel, handle with gloves.
Infusible Ink on coaster (ceramic)	400°F / 204°C	240 sec	Light; cool peel.
Infusible Ink on mug (Mug Press)	Follow Mug Press preset	~360 sec	Use Mug Press cycle, not a flat press.
Hat (EasyPress on cap)	320°F / 160°C	30 sec	Firm with hat form; warm peel.
Tote bag (canvas)	315°F / 157°C	30 sec	Firm, warm peel; press inside seams flat.
Wood sign (HTV)	300°F / 149°C	40 sec	Medium; cool peel, seal after.

💡 PRO TIPS

Always test-press a scrap first.

Let cool-peel designs cool fully before peeling.

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