HOORVIA — SUBLIMATION TIME & TEMP CHART

Heat Press Settings for Tumblers, Apparel, Mugs & Hard Blanks

CRAFTING GUIDE
US LETTER & A4

1. APPAREL & FABRIC BLANKS (MINIMUM 65%–100% POLYESTER)

BLANK SUBSTRATE	TEMP (°F / °C)	TIME	PRESS PRESSURE	PEEL & PREP NOTE
100% Polyester T-Shirt	**385°F–400°F / 195°C**	45–60 sec	**Medium Pressure**	Lint roll + butcher paper
Poly-Blend Shirt (65/35)	**385°F / 195°C**	50–60 sec	**Medium Pressure**	Vintage washed look
Polyester Tote Bag / Apron	**390°F / 200°C**	50 sec	**Medium Pressure**	Insert pressing pillow
Polyester Baby Onesie	**385°F / 195°C**	45 sec	**Light–Medium Pressure**	Keep seams off platen
Polyester Socks / Sleeves	**400°F / 200°C**	45–50 sec	**Medium Pressure**	Use metal sock jig
Neoprene Mousepad / Koozie	**385°F / 195°C**	45–55 sec	**Light–Medium Pressure**	Warm peel immediately

2. DRINKWARE, CERAMICS & HARD POLYMER-COATED BLANKS

BLANK SUBSTRATE	TEMP (°F / °C)	TIME	PRESS PRESSURE	PEEL & PREP NOTE
Ceramic Mug (11 oz / 15 oz)	**400°F / 200°C**	180–210 sec	**Medium–Firm Pressure**	Peel transfer warm
20 oz Skinny Tumbler (Press)	**365°F / 185°C**	50s + 50s	**Medium Pressure**	Rotate 180° & repress
20 oz Tumbler (Convection Oven)	**375°F / 190°C**	6 min total	**Shrink Wrap Tight**	Rotate halfway at 3 min
Frosted Glass Can (16 oz)	**370°F / 188°C**	120–150 sec	**Light–Medium Pressure**	Do not over-tighten
MDF Hardboard Keychain / Coaster	**390°F / 200°C**	60 sec	**Medium Pressure**	Remove clear film first!
Aluminum Photo Panel / License	**390°F / 200°C**	60–75 sec	**Medium Pressure**	Remove protective film
Ceramic Car Coaster	**400°F / 200°C**	150–180 sec	**Medium Pressure**	Place transfer face down
Slate Photo Rock Plaque	**400°F / 200°C**	360–420 sec	**Medium–Firm Pressure**	Press with silicone pad

4 GOLDEN SUBLIMATION RULES: (1) Always **Mirror Your Design** before printing. (2) Peel off the clear plastic protective film from metal and MDF blanks. (3) Pre-press fabrics for 5–10 seconds to remove moisture. (4) Cover projects with uncoated white butcher paper to prevent ink blowout on your heat platen.